

# AKSHAR

RE-SCRIPTING HOSPITALITY

Department of Hotel Management, Christ University, Hosur Road, Bangalore 560029



**CHRIST**  
UNIVERSITY

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## Repertoire

A New year, a Fresh start. Welcome back to AKSHAR - The Monthly E-newsletter of the Department of Hotel Management, Christ University. Stay tuned to keep in touch with events conducted in the Department, Industry news and other interesting trivia.

Lettura felice!



-Avin Thaliath, Editor-in-Chief

## Welcome Aboard!



The Department of Hotel Management is happy to welcome the First Year students for the academic year 2015-2016

Francis Bacon said, "Young people are fitter to invent than judge ; fitter for execution than for counsel ; and more fit for new projects than for settled business."

Looking forward to encouraging this spirit, best wishes to the batch of 2015-2019 go out from the entire department of Hotel Management.



# Cover Story

## ICE, ICE, Baby!

As I'm sure what comes as news to most, the 10th of June is declared in the United States of America as National Iced Tea Day!

Iced tea is believed to have appeared in the United States in the 1800s, containing alcohol. These were called "Punches". There was widespread use in restaurant menus and railway station stalls during the 1860s and 70s. However, as legend would have it, Iced Tea as we know it today owes its true popularity to a tea vendor at the 1904 World's Fair in St. Louis. When customers turned down free tea due to the scorching weather, he is supposed to have run the tea through iced pipes to chill the beverage. The news took off and the iced tea became an instant hit.

Iced tea recipes have been found dating back to the 1870s in books like "THE BUCKEYE COOKBOOK" (1876) and "HOUSEKEEPING IN OLD VIRGINIA" (1877). This iconic beverage comes in various versions – sweetened or unsweetened ; with or without lemon. Over the years, flavored iced teas such as peach mint, strawberry etc. also emerged.

Today, after water, tea is the second most consumed beverage in the world, with iced tea making up around 80% of that figure. So raise your glass and enjoy your glass of refreshing Iced Tea.

Try your Hand at your very own homemade Classic Iced Tea!

### INGREDIENTS

- 6 bags black tea
- 8 wide strips lemon zest
- 8 wide strips orange zest
- 8 cups boiling water
- Ice
- Lemon and orange slices (optional)

### PREPARATION

- In a large pot, combine black tea, lemon and orange zest, and boiling water.
- Let steep 8 minutes. Remove tea bags and let cool to room temperature, about 2 hours.
- Keep covered and refrigerated.
- Serve over ice with lemon and orange slices if desired.



# So Long, Farewell!

-Angelina Maben

Batch of 2011-15

Adieu!

When you know for sure in the depth of your heart that the bonds that you formed are going to last for a lifetime, the warmth encompasses you and permeates your very being. The bond that we shared as the close knit BHM group will always be carried close to my heart. Pranksters, nerds, and jesters- we've had them all. Those days of hard work where we miraculously pulled off in the nick of time the numerous events. Last moment scrambles filled with laughter, sweat and of course tears.

The memory of the sun filled days where we hugged and greeted each other in the corridors will be cherished. Hovering shamelessly around the kitchen and ever gleefully accepting service rota all for the sake of Akka's biryani! The cacophony of different voices greeting Usha Ma'am with a cheeky 'Happy Birthday' every time we saw her was just another way to add to our bonhomie.

Striving, seeking, grasping at every moment of our four years to make them special has been our forte. I cannot restrain myself from mentioning one of our closest friends, who even though not among us physically today, is and will always be a part of us. Department sports were never the same without him.





All the hard labour over studies, practical's, or even events melt away into a kaleidoscope of myriad colours as only special days can. Being a part of Christ University was an honour no doubt, but it was also a gateway into a world where we found loyal and affectionate group of friends, loving juniors and an amazing faculty. The legacy of being a Christite will continue to remain with us forever.



Photo Credits: The BHM Calendar & Aalia Bhavnani

## Fire Fire, Campfire!

-Amit Srikumar

Over the past few years many a time (thrice to be precise) have we seen our immediate seniors (the 4th years) take off into a magical venture of extremities with our beloved homeroom teacher Mr. Denny Augustine. At the time all we could do was wait and wonder as to what happened over those 3 days. Finally, this year came our turn. As we began to pack our bags, the rationality of our being in our final year kicked in. A bit emotional though I was at first, the trip started off with a lot of yelling and singing on our way during the bus trip.





I can honestly say that when we arrived I did not expect to see what I saw. What I did see though was a well organised team who took us through our itinerary for the days to follow as we were given a taste of the discipline that we had lost in our day to day “city” lives. The evening was uneventful save for a short lesson on a rope knotting lesson for the activities of the following day and the trek we took into a nearby hill. A good 10 minutes into the climb and I realised how unwilling I was to admit that it was the most stamina draining activity I had performed over the last few years but the rewards were ripe. The view was something like out of a fairytale (cheesy I know) but every bit worth that draining climb. Sure, there were a few hiccups along the way and one particularly faint of heart - but the experience was something in itself. We watched the sun set into the surrounding scenery as we headed back for dinner.



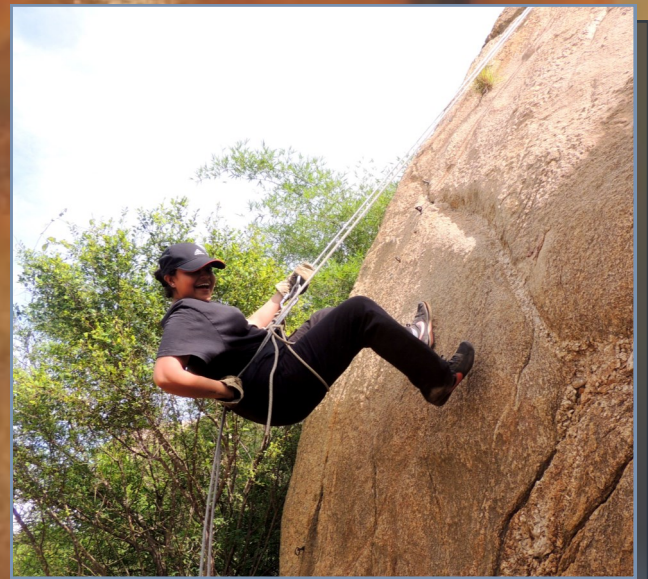
Over the next two days I was to learn that the food served to us (purely vegetarian) was something I would deeply begin to crave for the minute I got back home. There was the usual tom foolery as expected after dinner, as we decided to play truant and play cards late into the night though we were forewarned that we were to report at 6 the following morning. Sleep came easily enough once we turned in (another perk of being tired out thoroughly) for the night. The next morning we went through a series of exercise drills and a light jog before breakfast was served and we headed back to the hills. The agenda for the day was river crossing and rock rappelling (both, facing backwards and for those willing enough to try, facing forwards as well). Another couple of firsts. The experience was thrilling and a bit painful for those who tried the forward facing option. We returned for lunch and a well-deserved afternoon break following which we had a rock-climbing and jummaring session.



The rock climbing was easy enough, being the monkeys that we were but the jummaring was a bit tricky and I was one of the few who did not make it to the top. The evening session concluded with a bonfire and brilliant dinner by the amazing chefs of Casa le Freddy.



The following morning we reported yet again at 6 for a light jog followed by an obstacle course training session (pebble hopping, wall climbing and trench crossing). Following breakfast we headed out on an expedition into the mountain/hill that we would be using for the next activity, cave-



diving. The walk and climb was long but the thrill of diving into a cave was worth it. Something I never imagined myself doing. Late into the afternoon we crawled out a crevice on the other side of the mountain dirty and ragged but pretty proud of the fact that we made it. Once all numbers were accounted for we made our way back to the camp to conclude of 3 day adventure with a final brilliant lunch.



Those 3 days were worth the 3 year long wait!

Photo Credits : Raghavendradas M,  
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